

Suggested Reading: Breastfeeding

- **The Womanly Art of Breastfeeding** - La Leche League International
- **Ina May's Guide to Breastfeeding: From the Nation's Leading Midwife** - Ina May Gaskin
- **Work. Pump. Repeat** - Jessica Shortall
- **Latch: A Handbook for Breastfeeding with Confidence at Every Stage** - Robin Kaplan
- **The Nursing Mother's Companion** - Kathleen Huggins